COURSE CONTENT - PSYCHOLOGY

Intro to Psychology

- **Psychology in Your Daily Life.**
- **The Behaviourism Mode.**
- **What is Classical Conditioning?**
- **Operant Conditioning**
- **Thoughts and Reasoning**
- **Busting Down Walls**
- **Decision Making**

Knowing Personality

- **What is Personality?**
- **What is Freud's Theory?**
- **Social & Emotional**
- **Development**
- **What is Erikson's**
- **Theory?**
- **Personality and Traits**
- **Personalities**
- **Find Out Your Type!**

Self Concept

- **Defining 'Self'**
- **Types of Self-Concept**
- **Humanistic Perspective**
- **What's Intelligence?**
- **How to get Intelligent**

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- **Emotionally?**

- **Self-Concept**

- **Discover Your Intelligence Type**

Abnormal Psychology

- **Defining Abnormality**

- **Some Common Disorders**

- **Counseling or Psychotherapy?**

- **Ethics in Psychotherapy**

- **Counselling**

- **Abnormal Psych**

- **Understanding Ethics In Therapy**

Mental Health

- **What is Stress & Anxiety?**

- **Reflect on Anxiety, Stress & Depression**

- **Mental Health and Hygiene**

- **Emotional Intelligence**

- **Mental Health**

What's Social Psychology

- **What is Social Perception?**

- **Attitude changes**

- **Role of social influence**

- **Aggression and Altruism**

- **Interpersonal Relationship**

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COURSE CONTENT - PSYCHOLOGY

Career In Psychology

- **Clinical and Counseling Psychologists**
- **Industrial-Organizational Psychologists**
- **Research Psychologists**

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